A

Generous Diſcovery

Of many Curious and Uſeful

MEDICINES and PREPARATIONS;

BOTH IN

PHYSIC, CHYMISTRY, COOKERY, and STIFFENRY;

AS

A { Drink for the Small Pox,
Phoſphorus Powder to Light a Pipe with,
Ketchup for Sauce,
Starch from Potatoes.

And many others both Profitable and Delightful, hitherto Secrets; now made Publick for the Benefit of Mankind in General.

To be had at Mrs. Hey's *near the* Wax-Candle *in St.* Andrew's NORWICH.

LONDON:
Printed for the Author. 1725.

Price 3 d.

A

Generous Discovery

BRITISH MUSEUM

GENTLEMEN *and* LADIES,

HEN a *Physician* puts out a Book upon any Distemper incident to human Body, he is *hugely* careful to observe the following Method: *First*, in the Preface to his Book, he very cunningly and artfully prepares his Bait, and fixes his Trap, by a long Declaration of his good Intentions to serve the Publick; and that the following Treatise is publish'd with that View only, and without any private *Ends* or selfish *Designs* as *Quacks* usually have. In the Body of the Book he affords you most delightful Entertainment, by Reasoning so finely upon the Variety of its Causes, and setting forth in a most ample Manner, both the *Ancient* and *Modern* Methods of Cure; and in the End he is almost sure to catch his *Prey* by a *sly* Insinuation of the wonderful Success he himself has had in the Cure of that Distemper, by a Method entirely *new*, and *unknown* to any but himself. Now 'tis certain this is no more than a large

Advertiſement, and muſt be allowed upon due Conſideration to amount to only this;

In Or---d-Street *lives the Great Doctor* M--d,
Who cures the Pl---e indeed and ind---d.

Or,

I S---l M---l born and bred in this Nation,
Can cure the Small-Pox without Inoculation.

THE difference therefore in this Point between the *Regular* and *Quack* Phyſician conſiſts only in the former's making you pay largely for his Advertiſement and Phyſick too; whilſt the latter is obliged to give away his Advertiſement, and Perhaps is never half paid for his Phyſick: But this I muſt obſerve to you, That both of them ſtill agree in the Concealment of their Methods, and would by no means diſcover them, no not for *Five Hundred Pounds.*

THAT there are many Phyſical Druggs and Plants yet undiſcovered to the World, whoſe effects may be very conducive towards the continuation of Health and long Life, I believe is the Opinion of moſt Men; and that there are many *Secrets* or *Noſtrums* now in the Hands of particular Perſons which are known to work ſurprizing Cures is certain and without doubt: and the Reaſon why they do now, and will ſtill remain *Secrets*, and in private Hands, is for want of a *Public* Reward being

being offer'd, equal to the Advantage a private Man may make of them.

In other Countries, I find, the *King* or *Government* is generally the Purchaſer of ſuch *Secrets*, and then generouſly publiſh them for the Good of all their Subjects; a piece of *Policy*, in my Opinion, in no wiſe contemptible, and what can never be a dear Purchaſe or hard Bargain to a *Crown'd Head* or *Government*.

But our *Countrymen* either having *leſs Money*, or *more Frugality*, go a cheaper way to work, and oblige their Authors and Inventors either to run the Hazard of having their *Secrets* by ſome Accident or other diſcovered to the World, or to purchaſe a *Patent* under the Great Seal, for the Sole making, uſing or vending ſuch a Machine, Preparation or Commodity, (of which the Patentee has prov'd himſelf the Original Author and Inventor) for a certain term of Years, on condition that he then publiſhes it to the World; a ſure way of ſaving their own Money, whatever the Subjects may ſuffer in the mean time for want of ſuch a Publication: Beſides, all Men are not able to purchaſe a *Patent*, which will coſt no leſs than 80 l. with an infinite deal of trouble to follow it through the various Offices to get it confirmed.

Now for a Man to be a *maſter* of ſome *Secrets*, and not to be placed in ſuch a Station

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as may Capacitate him to make a private Advantage of them, nor able to purchaſe a Patent, what has he elſe to do but make an *Honeſt Publication* of them, and leave the Conſequence to the *Generoſity* of the World; in compliance wherewith I take this Opportunity of publiſhing ſome curious and uſeful Preparations and Remedies as may be of univerſal Advantage, nay I may ſafely ſay, that there are but few Families whoſe common Contingencies will not furniſh them with Opportunities of experiencing many, if not moſt of them, in leſs than the Space of one Annual Circumvolution; and as a Proof of the Truth of what I have hereafter offered, I will be always ready, not only to perform the Experimental Part of any, but likewiſe account for the other Preparations herein contained, to Perſons of all or any Denominations, that will ordinarily ſatisfie for ſuch Trouble.

The *Vomit* herein diſcovered by far exceeds the Hypecacuana, (which coſts the late King of *France* no leſs than 1500 Piſtols) both for the certainty and eaſineſs of its Operation, as well as thoſe other good Effects which it generally produces; and what renders it ſtill more valuable is its readineſs to be come at, both in all Places and at all Times, it being a Root growing in moſt Yards and Gardens, and never, as I have yet ſeen, mentioned or accounted

accounted for by any Author. At Nantwytch in Cheshire lives a Person who has acquired a large Estate by vertue of this incomparable *Vomit* only.

The *Fryars Vulnerary Ball*, heals almost any Wound at the first intention, as is demonstrated by striking a Nail through a *Cock's Head*, and nailing him down to your Table: which Wound is cured by the immediate use of this Ball in less than Ten Minutes time, and your Cock appears as well and brisk as ever.

The famous *Stiptick* with which Sir *William Read* performed so many wonderful Cures, both *outwardly* and *inwardly*, is what I have very often experienced, and don't remember it has ever once failed, it is a very easy and very cheap Preparation, and what no Family ought to be without.

The *Imperial Snuff* is a very valuable Remedy, and will seldome if ever be found to fail in giving Ease in the most violent Pains of the Head, tho' of long standing; great Care must be taken that the Patient does not catch Cold. This grows in many Gardens, and is not very difficult to come at.

The *Receipt* which I have here given you for the *Small Pox* is what I have often wish'd to have seen publish'd, because of its surprizing good Effects in the worst Symptoms of the most dangerous kind; this I had from a

very noted *Nurse* in *London*, who told me it very rarely, if ever, failed of Succeſs. I had a Son about nine Years old ſeized with the worſt ſort of the Confluent Kind of the *Small Pox*, intermixt with the *Purples*, for whom I had the Advice of two eminent Phyſicians in *London*, notwithſtanding whoſe Skill and Care he died on the fourteenth Day; about three Weeks after, another Son of four Years old fell down with the ſame dangerous Confluent Kind, and very full of the Purples, and then it was I firſt heard of this notable Receipt, which had juſt recovered a Neighbour's Child; I was perſwaded to uſe this, and to deſiſt from ſending for a Phyſician, and by God's Bleſſing it happily recovered my Child, in a Condition perhaps as bad as ever was ſeen; and I do verily believe it would have had the ſame Effect upon the other, had I but then known and uſed it; and tho' I believe it impoſſible to contrive an *univerſal Remedy* in the Small-Pox, yet I am apt to think this Drink will do more good, and preſerve more lives than their *new fangled* and *unjuſtifiable* way of *Inoculation*: *Unjuſtifiable* I call it, becauſe be the Practice never ſo laudable in ſome particular and far diſtant Places, yet no one can juſtify it in the middle of a large and populous Town, any more than a Man can juſtify the ſetting *Fire* to his own Houſe in the middle of a thick and cloſe built Neighbourhood;

hood; nay 'tis certain, that by a parity of Reason, both the *Inoculator* and the *Inoculated* are liable to the same Prosecution with *Highwaymen*, who often suffer the Law when they have not actually robb'd a Man, but only for putting him in *Bodily Fear*, and these not only put whole Towns in *Bodily Fears*, but oftentimes prove the occasion of the *Death* of many, which whether to call *Manslaughter* or *Murder* I leave the World to judge.

If therefore some Men will be so hardy as to venture upon such an uncertain Practice, they ought at their own Cost and Charge to erect a *Lazoretto* or *Bedlam*, at some convenient distance from a *Town*, and not near a *Highway*, and appoint Physicians and Surgeons, who are most zealous for such Practice, constantly to reside there for the Reception and Care of such *Mad* People as would either come themselves, or send their Children; and not infect whole *Towns* and *Countries* as must necessarily be the Consequence of their Publick Practice. I can't understand from the best Information I have been yet able to get, that this have ever been the Practice of any *Christian Countries*, but used only among the *Mahometans*, who hearing of our Ripeness for *Infidelity*, made a Present to us of this Custom by the Hands of a *Scotchman*; and this I believe may be depended on, That the near-

er

er we approach to *Infidelity*, the more will their Customs flow in upon us; and so *vice versa*.

MANY other good Receipts and Directions you'll find in this small Book, which I generously publish for the Benefit of Mankind in general, and hope the World will readily accept of, at a Price so small, that it is hardly sufficient to answer the Charge and Trouble of Printing and Publishing, but will be a means to introduce it into a greater number of Families, and prevent the copying out any of the Receipts herein contained.

A Generous Discovery, &c.

THIS Life is generally begun in *Tears*, continued in *Uneasiness*, and ended in *Groans*; and as Children are subject to various Diseases while they are yet in their Mothers Womb, and frequentl make their first Appearances with them, so I shall begin with them first.

IT was the Practice of the late Sir *David Hamilton*, a famous Man-Midwife in *London*, to Vomit Children soon after they were born; and this was chiefly done to prevent sore Mouths, which otherwise too frequently happen, and grievously torment the poor Infants; But since Nurses are generally capable of managing that Disorder, I need not say any thing

thing more concerning it, nor do I think it an eaſy matter to perſwade People to Vomit their Children, though nothing is more agreeable to their Flegmatic Conſtitutions, which almoſt immediately turns every thing ſour, and then coagulates, and makes Tough Flegm, which is generally the cauſe of Stoppages, by which many are thrown into Convulſions, and ſo die. Two or three Tea Spoonfuls of the incomparable Vomit I have hereafter diſcovered, ſweetned with a little Sugar, will operate as kindly, nay with more eaſe and as much ſafety as a larger Proportion for an adult Perſon.

For the GRIPES.

The next Diſorder which frequently ariſe in Children is from the Gripes, and theſe proceed from a violent ſharp Humour in the Bowels, for which two or three Tea Spoonfulls of the following Mixture, well ſhaken, ought to be given two or three times in a Day.

Crabs Eyes half a Drachm, Syrup of Roſes ſolutive one Ounce, Black Cherry Water one Ounce, mix.

This will both abſorb the Acidity and carry off the Humours

For the RICKETS.

The Rickets claim the next Place among Childrens Diſeaſes, the cauſe of which is from viſcid pituitous Humours lodg'd upon

the Joints, occasioning an unequal circulation and distribution of the Fluids to the Parts beyond; therefore such Medicines as will attenuate and thin the Blood, and make it subtle enough to circulate through the smallest Passages, must by a continued use not only break its Sizy State, but dislodge tough Humours already fixed upon the Joints; for this let the Child take Morning and Evening for a Constancy, avoiding all acid or sharp things, 2 or 3 Drops more or less according to the Age, Strength, and Constitution of the Child, in a Spoonfull of *Black Cherry Water*, either of *Sal Volatile*, or *Spirits of Hartshorn*, anointing the Spine or Backbone of the Child with the *Gall of an Ox*; a Secret which the Lady *Moor* for a long while had, and gave away to the Poor, and which alone have cured hundreds of Ricketty Children.

For WORMS.

VARIOUS are the Medicines which will certainly destroy those pernicious Vermin, the only difficulty is to contrive them into Forms as Children may not too soon be tired of taking; these are generally bred from a putrid Slime in their Bowels, which both hardens the Belly, and gives a stinking Scent to the Breath. The following are certain Remedies, if Children can but be perswaded to take them.

Take

Take Tin, Coral, and Wormseed, all in Powder, of each one Ounce, Savin und Saffron Powder, of each one Drachm, mix.
Of this let the Child take in Beer or any other vehicle every Night from ten to twenty Grains.

Or,

Æthiops Mineral, which is made of equal Parts of *Crude Mercury* and *Sulphur*, rubb'd in a Mortar till they become exceeding black, and may be given from ten to twenty Grains, according to the Age of the Child. These are Infallible, but in all Childrens Medicines the greatest Nicety consists in the closests concealment.

For the SMALL-POX.

Take 2 Ounces of Sheep's Dung tied up in a Rag, 2 or 3 Spriggs of Knotted Marjoram, a few Marigold Flowers, a few Tares, 2 or 3 Leaves of Sage, a Sprig or two of Rosemary, Rue, Mint, and Balm, 6 or 7 Grains of Cochineal in Powder, and a little Saffron, to be boiled in 3 Pints of Water to 2, and to be the common Drink, both in the beginning, height, and declination of the Small-Pox.

This is the Receipt, as delivered to me and several others; and whatever fault some Carping Physicians and Stiff Apothecaries may find with the manner of it, yet Experience tells me, and many besides me, that there is no one now extant to be compared with it; and I defy any of the aforesaid to equal or come near it as a general good Remedy in the Small-Pox.

For

For the HEAD-ACH, *violent, and of long ſtanding.*

Take of the Leaves of Azarum or Azara-bacca and dry them gently before the Fire till you can reduce them to a fine Powder; of this take at Night up of each Noſtril two Grains, repeat the ſame the next Morning, and again the Night following, unleſs you find your Head Purge pretty much through the Noſe, and then leave of a Day or two, or till you find a decreaſe of the Purging, and then repeat again; and let this be continued about the Space of a Fortnight, in which time it will purge, or rather ſalivate the Head, and diſcharge the Matter which too frequently occaſions thoſe violent Pains. A Woman of about 60 Years of Age took but twice of it, and it purged or ſalivated her Head for a whole Fortnight, and effectually cured her of the Head-Ach, without which ſhe had not been for ſeven Years before. I can Inſtance in many others who have been effectually cured by Vertue of this Herb only, but great Care muſt be taken that the Patient does not catch Cold.

For the HEMORROIHDS *or* PILES.

Take of Lucatellus Balſam, Powder of Liquorice and Sulphur, of each equal Parts, make theſe into common ordinary Pills, and take four every two Hours during the time you find violent Pain; and in the Blind Piles, rowl

up

up a piece of Brown Paper and dip in *Treacle*, and gently truſt up the *Fundament*: Theſe will rarely fail of giving preſent Eaſe, and if continued, will almoſt conquer any degree of that Diſtemper.

For a VOMIT.

Take one Ounce of the common Daffodill Roots peel'd, and ſliced into a Pint of fair Water, and boil to Half a Pint, or you may to a Quarter; and drink it juſt warm, when it operates drink warm Water.

THIS is the moſt certain and eaſy Vomit in the World, and may be given to a *new-born Babe*; or any *Age*, *Sex*, or *Condition*, where Vomiting is proper, and was never before publickly diſcovered to the World; I can produce many to atteſt its Vertues, and will attend any one that has a mind to make Trial. The *Nobility* and *Gentry* in *Cheſhire* when they have found their Stomachs diſordered have gone directly to *Nantwytch*, taken a Vomit, and laid an Hour after it, and gone home again with a *clean* Stomach, *Hungry*, and free *from Pain*.

Sir William Read's STIPTIC.

Take of Roch Allum one Ounce and a half, Aloes one Drachm, Spring Water one Pint, boil and Scum theſe about a Quarter of an Hour:

WITH this Simple Thing it was, Sir *William* performed ſo many *wonderful* Cures: It immediately ſtops all *effuſions* of Blood, as

is demonſtrable by an Experiment with *warm Blood* or *Serum*, and will heal almoſt any *Ulcer* whatſoever; It is an incomparable Remedy for a *Sore Mouth*, and will put a ſtop to almoſt any *inward* Bleeding. I knew a Shoemaker who had vomited and ſpitted Blood for almoſt *two* Years, and was reduced to a perfect *Skeleton*, and was cured by the uſe of this only, in leſs than one Month's time.

The Fryars VULNERARY BALL,

Take of Round Birthwort Root one Ounce, Rheniſh Tartar four Ounces, Filings of Iron four Ounces, well clean'd; let theſe be well powder'd, and put into a glaz'd Pot, with a *Pint* of common *Brandy*, which ſet over a gentle Fire and evaporate; then add two *Pints* of *Brandy* more, and let it evaporate till it comes to a Conſiſtence, which you may form into Balls about the bigneſs of a Walnut, and gently dry.

This will heal almoſt any *Green Wound*; which is demonſtrated by the aforeſaid Experiment with the *Cock*; you muſt ſcrape a little of it into a Spoon with a little Brandy in it, then put clean Lint in and ſuck it up and apply it to the Wound. Theſe Balls I know were, and I do believe, are now ſold by Mrs. *Raw*, at the *North Entrance* into the *Royal Exchange* at Half a Crown each Ball.

Gordon's

Gordon's new invented PHOSPHORUS, *or Powder to light a Pipe with.*

Take of Allum three Ounces, powder'd, fine Wheat Flower one Ounce, rub theſe in a Mortar ſet over a gentle Fire till they become very black, then put that Powder into a *Stoughton's Bottle*, which place in a *Crucible* and fill it up with Sand; ſet the *Crucible* in an open Furnace, and make a gentle Fire, which gradually increaſe to the third Degree, and ſo let it ſtand till the Bottle has done ſmoaking, then gently take away the Fire and let it cool, then put it into ſmaller Vials for uſe.

This is a very *curious* and *ſurprizing* Experiment, and will ſerve to light a *Pipe* or a *piece* of *Paper* in the Field when Gentlemen are Sporting. This is the true manner of making it, which I will readily ſhew to any Gentleman; but it is of no uſe in Phyſic.

To make STARCH *from Potatoes.*

Pare your Potatoes and grate them upon a large clean Grater as you do Bread, and let them fall into a fine lawn Sieve, placed in a clean Baſon half full of Water, and the Starch will ſink down to the bottom; waſh it with two or three Waters, and then gently dry it between two Papers.

This is the *fineſt* and *whiteſt* Starch in the World, and will go further than any other; and any one may make it for *private uſe.*

To make a KETCHUP for Sauce.

Take one Hundred Walnuts juſt before they begin to be fit for pickling, bruiſe them well, and put them into a Pot, with a Quart of the beſt White Wine Vinegar, and a good handful of Salt, let them ſtand about twenty four Hours, and then preſs out the Liquor, and Bottle it for uſe.

Let it ſtand 3 or 4 Months before it be uſed, and when you uſe it ſhake the Bottle, and one Spoonful or two will not only thicken, but add a moſt *grateful* Flavour to the Sauce; and is not at all inferior to the *Foreign* Ketchup of ſeven Shillings a Pint, made of we know not what.

Of Diſtempers more peculiarly incident to the FEMALE SEX.

How *Wretched* and *Unhappy* (ſays the Great Dr. *Friend*) are the Circumſtances of the Female Sex, who are yet appointed to be the *Storehouſes* of Human Kind; for let them chooſe what State or Condition of Life they will, *Miſery* will attend them; If they chooſe the Married State, then forthwith comes on the Fatigue and Danger of Child-bearing; if they chooſe a *Maiden* Life, they are ſubject to various Diſorders, which a *Married* State would probably have freed them from.

As

As to the Miseries consequent from the first state, I can offer no *Remedy* but Patience, only with some God is pleased to deal so *favourably* as not to subject them to the great *Hardship* and *Hazard* of Child-bearing, and yet these generally make very *heavy Complaints* for the want of those *Miseries* which they see others undergo. For the Disorders which too frequently attend the Virgin State, I can recommend a Remedy which is call'd *The VIRGINS TINCTURE*, whose Vertues are well known to great Numbers in this County; and this may *modestly* be said of it, that there is no Degree of the *Green Sickness*, from Girls of Eight, when they first begin to look *pale* and *wan*, to any Age, but this Remedy will absolutely (if possible) and *effectually* Cure, if *regularly* and *constantly* taken: And because the Stubbornness of some Cases may require a longer time, and more of the Tincture than will Cure *Children* and young *Virgins*, for that very Reason it is put up in 1 *s.* and 2 *s.* Bottles, and is sold with Directions, with the following Preparations, *viz.* The purging Spirit of Mustard Seed for the Dropsy, 1 *s.* a Bottle; Sal Volatile, Bitter Tincture, Daffey's Elixir, Pleasant Sugar Cakes for Children for the Worms, and the true Specific for the Venereal Disease, exactly the same with that sold at Mr. *Laws*'s on Tombland for half a Guinea, at 5 *s.* all to be

had as good and cheaper than any where elſe in Town at Mrs. *Hay's* near the *Wax-Candle* in St. *Andrew's Parish* NORWICH.

N. B. If any Gentlemen or Ladies have any Family Receipts, or Secrets in Phyſic, which may be of Service to the Publick, and they deſirous of doing Good; if they will be pleaſed to communicate them to me, they ſhall be faithfully Experienced, and as faithfully Publiſhed, with ſome other extraordinary Preparations and Medicines, the next Spring; particularly one which cures *Agues* without the Jeſuits Bark, and another for the *Rheumatiſm*, which any Perſons under either of thoſe Grievances may, if they pleaſe, in the mean time, experience, being both very cheap and ſucceſsful: I ſhall likewiſe then publiſh a Chymical Liquor to ſteep Corn or Grain in, which will occaſion it to grow upon Poor and Barren Land, and produce a large Increaſe: a Trial of this was made in the *Temple Gardens*, where one ſingle *Grain* of Wheat produced ſeventy Ears.